



Lessons from the pit  
Psalm 40  
Pastor Todd Anderson

1. David \_\_\_\_\_ to the LORD.

1. Help comes through \_\_\_\_\_.

"Sacrifice and offering you did not desire--but my ears you have opened--burnt offerings and sin offerings you did not require." - Psalm 40:6 NIV

"God opposes the proud but shows favor to the humble." ... Humble yourselves before the Lord, and he will lift you up. - Jas 4:6, 10 NIV

2. David didn't \_\_\_\_\_.

a. Help comes as we walk \_\_\_\_\_.

"He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along." - Psalm 40:2 NLT

3. David accepted an \_\_\_\_\_.

a. Help comes when we \_\_\_\_\_.

"He has given me a **new song** to sing, a hymn of praise to our God. Many will see what he has done and be amazed. They will put their trust in the LORD." - Psalm 40:3 NLT

4. David doesn't \_\_\_\_\_ God.

a. Help comes in \_\_\_\_\_.

"Sacrifice and offering you did not desire--but my ears you have opened--burnt offerings and sin offerings you did not require. Then I said, "Here I am, I have come--it is written about me in the scroll. **I desire to do your will**, my God; your law is within my heart.'" - Psalm 40:6-8 NIV

"But Samuel replied: "Does the LORD delight in burnt offerings and sacrifices as much as in obeying the LORD? To obey is better than sacrifice, and to heed is better than the fat of rams.'" - 1Sa 15:22 NIV

5. Through it all, David \_\_\_\_\_.

a. Our life is a \_\_\_\_\_ that \_\_\_\_\_.

"I proclaim your saving acts in the great assembly; I do not seal my lips, LORD, as you know. I do not hide your righteousness in my heart; I speak of your faithfulness and your saving help. I do not conceal your love and your faithfulness from the great assembly." - Psalm 40:9-10 NIV

LEGEND: cried out, humility, quit, forward in faith, attitude adjustment, shift our focus, play games with, obedience, continues to worship, witness, helps others.

ONE SERVICE SUNDAYS  
"THE SUMMER OF PSALMS"  
JULY 3<sup>rd</sup> – AUGUST 21<sup>st</sup>, 2022 @ 10:00 AM

Pismo Beach  
Day

JULY 30TH

All day fun at Pismo!  
Meet up at the beach  
Park in lot on Grand Ave  
Group will be to the right

